



# Information



# Pack

**Thank you for your interest in joining the St Clair and District Men's Shed.**

The Shed is located at 181 Mamre Road Orchard Hills, in the grounds of Mamre Homestead and has been operating since 2013.

The Shed is part of an extensive network of Men's Sheds, throughout Australia, now totalling over 900 Sheds!

The primary focus and purpose of the Shed is:

The health and wellbeing of men in the local area.

A way of valuing and fostering the important contribution men make to community life and the health and well-being of the men's families and their communities in general.

We highly rate participation and sharing at the Shed. You can be a member and come along to meet other blokes and have a chat. The individual contribution of each participant at the Shed is valued.

It is within this framework of good nature and camaraderie that the Shed operates with rules and regulations to ensure all who come to the Shed are provided with a safe, welcoming, and friendly environment.

For further information contact the Shed via our email: [scadms2016@outlook.com](mailto:scadms2016@outlook.com)

**Purpose of the St Clair and District Men's Shed**

To provide a safe, supportive, and friendly environment for men of all ages to gather, volunteer, work, teach, learn, and seek fellowship with other like - minded men.

To promote the mental, physical, emotional, and economic well-being of men in our community.

**Eligibility**

To join the Shed, you need to:

Be Male, 18years or older and agree to abide by the Shed constitution.

**Policies and Procedures**

The Shed has a Constitution and Code of Conduct that directs the governance and management of all the Shed's activities, programs, and functions.

The Code of Conduct is a set of guidelines outlining standards of acceptable behaviour at the Shed. It makes clear to everyone what is expected of them when attending the Shed, establishing a standard of expected conduct.

These Policies and Procedures are applicable to all Members.

### **General Safety Rules**

Are to ensure everyone who is accessing the Shed and using the equipment and tools are aware of the rules to prevent harm and injury to themselves, other members, visitors. All members are expected to complete an induction/training process before they are permitted to use any of the machinery and power tools.

### **Fees**

Shed members currently pay an annual membership fee and a joining fee applicable at time of joining. Membership is valid until the 31 of December each Year. Additionally, members pay a daily fee for each day they attend to cover the cost of tea, coffee, milk, and other consumables.

### **Smoking**

**Smoking is only permitted in two designated areas.**

- 1. In the Gazebo to the right of the parking area as you drive in.**
- 2. At the rear of the old shed in the open air.**
- 3.**

### **Transport & Parking**

The St Clair and District Men's Shed is located at 181 Mamre Road, Orchard Hills, inside the grounds of Mamre Homestead. There is all day parking in a car park located on site, instructions and where to park will be given when you attend. There is a bus 775 from St Marys Station along Mamre Rd. It turns into Banks Drive and stops at a bus stop outside KFC in Banks Drive. From there it is a 50-meter walk to the Mamre Homestead Entrance. There is a bus 776 from St Marys Station along Mamre Rd and stops opposite the entrance to Mamre Homestead. Bus 775 and 776 continue through St Clair, Erskine Park, Colyton, Minchinbury to Mt Druitt Station and return. Passengers must have an Opal Card and must press the signal button when their stop is coming up.

### **What to do now**

If you would like to come by for a visit before you join, to have a look at the premises and meet our current members.

When you decide to join the Shed complete the Membership application and drop it in on one of the days, we are open or post it back to St Clair and District Men's Shed PO Box 161 St Clair 2759. Currently the Shed is open for members on Mondays Wednesdays & Thursdays, 8.00 am – 2.00 pm.





# MEMBERSHIP / RENEWAL APPLICATION

(Please circle which ever applicable)

Thank you for your interest regarding membership of our Shed. The Shed was formed in 2016 and became incorporated in 2016. The shed is affiliated with the Australian Men's Shed Association.

**I agree to support the objectives and be bound by the rules of the Shed:**  
**which include wearing of High- Vis shirt or vest, and the wearing of Safety Footwear.**

*The annual membership fee is \$50.00 + a \$25.00 joining fee for new members.  
Membership fees cover your personal & shed insurances.  
Join after the 1st July the fee is \$25.00 + a \$25.00 joining fee.  
The club year ends on 31st December*

*Payment can be made by cash/cheque/money order or direct deposit  
to St Clair and District Men's Shed BSB 062 453 Account 10442256  
Please use your name (e.g. T Jones) in the reference section.*

**Memberships will only be accepted on receipt of this form and payment**

I hereby apply to become a member of St Clair and District Men's Shed Inc. as an individual / sponsor member.

Surname: .....First Name: .....

Address: .....Postcode: .....

Date of Birth: (dd/mm/yyyy) \_\_\_\_\_

Home Phone: ..... Mobile: .....

Email: .....

Signature of Applicant: ..... Date: .....

## OFFICE USE ONLY

Amount paid: \$......cheque / cash / money order or direct deposit.

Receipt Number.....Date: .....

1. Medical Issues

Are there any medical issues that we need to be made aware of e.g. Diabetes, Allergies etc.?

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What medical attention is required to assist in your recovery or allergic reaction?

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2. Emergency Contact Details

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Street Address \_\_\_\_\_ Suburb \_\_\_\_\_ P/C \_\_\_\_\_ State \_\_\_\_\_

Contact No \_\_\_\_\_

3. Other information.

Are you Aboriginal or Torres Strait Islander(OPTIONAL)       Yes       No

Did you serve in the Australian Defence Force       No       Member       Veteran

Do you give permission for your contact details to be shared amongst St Clair Mens Shed members?       Yes       No

Do you give permission for any photos taken to be used for promotional purposes including social media sites such as Facebook, Websites or Blogs?       Yes       No

4. Skills / Trades / Interests / Hobbies

What Skills and / or Trades can you provide?

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What interests or hobbies do you have?

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